



The Little Academy

Pre-School & Nursery Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Snack	Apricot, Pear & Crackers	Pineapple, Melon & Crackers	Banana, Grapes & Strawberries	Raisins, Apicots & Breadsticks	Raisins, Plums & Crackers
Lunch	(Pork) Sausage with buttered mash, peas & gravy (Contains: Dairy Products)	Vegetable Biryani with Rice (Contains: Wheat products)	Meatballs & Spaghetti (Contains: Wheat products)	Shephards pie with Potato topping (Contains: Dairy products)	Sweet potato & Chickpea curry with rice (Contains: Wheat & Dairy products)
Vegetarian Lunch	Grilled Vegetable, haricot beans & tomato pesto Sausages with buttered mash, peas & gravy (Contains: Dairy Products)	Vegetable Biryani with Rice (Contains: Wheat products)	Quorn mince meatballs & Spaghetti (Contains: Dairy & Wheat products)	Vegetable pie with Potato topping (Contains: Dairy products)	Sweet potato & Chickpea curry with rice (Contains: Wheat & Dairy products)
Pudding	Various Angel Delight (Contains: Dairy Products)	Lemon Cheesecake (Contains: Dairy & Wheat products)	Rice Pudding & Strawberry Jam (Contains: Wheat & Dairy products)	Various Melons	Cherry & Apple Pie with Custard (Contains: Dairy products & Wheat)
Babies' Pudding Under 1's	Various Angel Delight (Contains: Dairy Products)	Pureed Peaches	Rice Pudding & Strawberry Jam (Contains: Wheat & Dairy products)	Various Melons	Cherry & Apple Pie with Custard (Contains: Dairy products & Wheat)
Tea	Fish bites/ Veggy bites with pesto pasta salad (Contains: Wheat products)	Beans on Toast (Contains: Dairy & Wheat products)	Jacket Potato with Cheese & Beans (Contains: Dairy products)	Vegetable Linguni with a Tomato & basil sauce (Contains: Wheat products)	Lemony baked Fish (Basa) / Halloumi & Wedges (Contains Dairy & Wheat products)
Babies' Tea Under 1's	Fish bites/ Veggy bites with pesto pasta salad (Contains: Wheat products)	Beans with Toast as Finger Food (Contains: Dairy & Wheat products)	Jacket Potato with Cheese & Beans (Contains: Dairy products)	Macaroni Cheese (Contains: Dairy & Wheat products)	Lemony baked Fish (Basa) / Halloumi & Wedges (Contains Dairy & Wheat products)